## **Study Methods** Critical for Students Shadowmatch research indicates that a student's study method is the second most important component for academic success. The single most important component is the dedication of the student to be successful. But there is a catch. If students struggle with their studies, they lose motivation; then they lose interest, they become frustrated, and things start to spiral downwards. The way to prevent this and to recover an existing downward spiral is an optimal study method. If a student experiences a study method as successful and, in many cases, even fun, they taste success, and success breeds success. Unfortunately, the same applies to failure.

## First action

Many people make a mistake to go for extra tutoring and lessons when they experience difficulties with specific subjects. This is a great strategy, but it is not your first call to action. Extra lessons and tutoring sometimes do nothing to help students because they don't know how to study optimally. The first call to action is to help the student with a personal and optimal study method.

## Study Methods are Individually Unique

There is not a single successful study method that works for all students. This is a serious mistake in traditional thinking. Students are unique, and their best study methods are as unique. The practice of calling all students into a room and then teaching them how to study is outdated. This idea is based on a false theory that one study method will work for everybody. This is factually incorrect. Our habits are unique – how can our methods then not also be unique? This is where Shadowmatch takes a radically different approach. The student answers a series of questions to tell the Shadowmatch system about their habits; the system then generates a student-specific study method report that provides a unique study method and lots of additional study method related information unique to each student.

## **Your Coach is Critical**

We all know that students can read. And, we all know they can go through their study method reports. The edge for success, however, is a Study Method Coach. This is not a long-term coaching program. It is a maximum of ten to twelve weeks and what the student learns is a lasting method that could define the student's long-term success. Shadowmatch is obsessed with the principle of success for all!

